



CONNECTICUT COLLEGE  
STUDENT COUNSELING SERVICES

# Spring 2022 Group Therapy Schedule

*\*\*All groups meet  
remotely at present time.*

## HOW TO JOIN:

To register and/or for more  
information contact  
[scs@conncoll.edu](mailto:scs@conncoll.edu); subject  
line "Support Group"

# SPRING 2022 SUPPORT GROUP SCHEDULE:

## **Mondays 4:30pm to 5:30pm WomXn's Support Group**

**Facilitators: Tina Forster, LCSW, CGP and Margaret  
Watson, Psy.D.**

## **Wednesdays 4:30pm to 5:30pm Support Group**

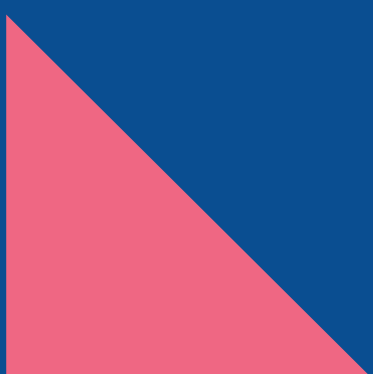
**Facilitators: Tina Forster, LCSW, CGP and David Tverskoy,  
doctoral psychology practicum student**

## **Thursdays 4pm to 5pm General Support Group**

**Facilitators: Tina Forster, LCSW, CPG and Shakira Belle, LPC**

## **Fridays 1:30pm to 2:30pm General Support Group**

**Facilitators: Bryana White, PhD and Jessica Plouffe, doctoral  
psychology practicum student**



# SPRING 2022 ADDITIONAL GROUP OPPORTUNITIES

**BIPOC SUPPORT GROUP**  
Date TBD

**LGBTQIA+ SUPPORT GROUP**  
Date TBD

**GRIEF SUPPORT GROUP**  
Wednesdays 3pm to 4pm

**SMART Recovery FOR STUDENTS  
WANTING TO CHANGE THEIR  
SUBSTANCE USE**  
Wednesdays 4pm to 5pm  
<https://zoom.us/j/98923093118>

**SMART Recovery FOR STUDENTS WITH  
FAMILY/LOVED ONES WITH  
ADDICTION ISSUES**  
Tuesdays 4pm to 5pm  
<https://zoom.us/j/94884963169>

**FOUNDATIONS IN MINDFULNESS**  
Feb. 15th to April 5th 4:10pm to 5pm  
[https://zoom.us/j/93500922481?  
pwd=MEliMlVOb1grVXVKVVpsdFJNblZodz09](https://zoom.us/j/93500922481?pwd=MEliMlVOb1grVXVKVVpsdFJNblZodz09)

**STUDENT SUPPORT NETWORK**  
Date TBD

**STUDENT SUPPORT NETWORK-  
ADVANCED**  
Date TBD

